



SECOND QUARTER 2021

**Michael Gavett**  
Managing Director  
Senior Portfolio Manager  
MichaelGavett@brileywealth.com

**Richard Wright**  
Vice President  
& Portfolio Manager  
RichardWright@brileywealth.com

**Brandy Bailey**  
Client Services Representative  
BrandyBailey@brileywealth.com

**Cecelia Fisher**  
Client Services Representative  
CeceliaFisher@brileywealth.com

**Regina Kolkhorst**  
Operations Manager  
ReginaKolkhorst@brileywealth.com

**Meagan Womack**  
Operations Assistant  
MeaganWomack@brileywealth.com

**Fiduciary Financial Services  
Wealth Management**

13155 Noel Road, Suite 750  
Dallas, TX 75240  
Phone: 972-934-9070  
Fax: 972-866-4294  
www.ffss.net



# FLING YOURSELF INTO SPRING!

- Buy and fly a kite
- Picnic in a new park
- Plant stepping stones in your garden
- Celebrate with a backyard brunch
- Enjoy a sunset outdoors
- Carry binoculars for birdwatching
- Select a good book to read outdoors
- Break out the bicycle
- Try skipping on the park trail
- Finger paint outdoors
- Fly your frisbee in the park
- Shop garage sales
- Visit the Farmer's Market
- Go fishing in a pond
- Explore the local farm and feed store
- Enjoy a respite by a park fountain
- Have a squirt gun fight
- Walk your dog on a new trail
- Play hopscotch or practice with sidewalk chalk
- Take a nature photo safari
- Hang suncatchers in your windows
- Blow bubbles in the front yard
- Crank up the bar-be-que grill
- Take pictures in the spring wildflowers
- Wash your own car on the driveway
- Visit the local zoo
- Go camping or hiking in a state park
- Skip rocks at the lake
- Take 10 deep breaths!

# PREPARING FOR A NEW KIND OF RETIREMENT

## 2021 HOLIDAY SCHEDULE

- ▶ **Monday, May 31, 2021**  
**Memorial Day**  
Office closed.
- ▶ **Monday, July 5th, 2021**  
**Independence Day**  
Office closed.
- ▶ **Monday, Sept. 6th, 2021**  
**Labor Day**  
Office closed.
- ▶ **Thursday, Nov. 25th, 2021**  
**Thanksgiving Day**  
Office closed.
- ▶ **Friday, December 24, 2021**  
**Christmas Day**  
Office closed.

## WHO IS MY CLIENT SERVICES REPRESENTATIVE?

A - J — Cecelia Fisher

K - Z — Brandy Bailey

TAXES ARE DUE MAY 15, 2021  
EXCEPT  
TEXAS AND OKLAHOMA TAXES ARE  
DUE JUNE 15, 2021

### Planning Tips for a Secure Retirement:

For many reasons, retirement is not what it used to be. Americans are living and working longer, with many choosing to work full- or part-time well into their later years. Research conducted by Age Wave tells us that the “new” generation of retirees is facing a host of issues. Most baby boomers are now retired or semi-retired and many are offering financial support to family members. They feel anxious about maintaining physical and financial health, and how they will pay for their own long-term care when the time comes. How can investors prepare for the unexpected and save for retirement while also living the life they want? We offer a few tips below.

### Calculate What You Will Need in Retirement and Start Saving Early:

The decline of pensions and Social Security payments necessitates that investors have a plan to cover expenses over longer life spans. Our advisors can help investors calculate how much they will need in retirement by factoring in inflation rates, age, current income, and portfolio evaluations. Investment planning resources generally suggest that you will need to replace about 80 percent of your income when in retirement; however, with anticipated spending on entertainment and health care, the actual amount of income needed could be much higher.

### Consider the Cost of Long-Term Care:

As retirees move into their later years, healthcare costs start to rise sharply. While anyone over the age of 65 is eligible for Medicare, it is important to factor in the potential cost of services not covered by Medicare, such as hospital stays, prescriptions and long-term care. Typically, a stay in an assisted living facility or nursing home can cost up to \$200,000 per year. Because long-term care is most often an out-of-pocket expense, it may be worth considering the purchase of a long-term care insurance plan to cover you or your spouse in your later years.

### Diversify Your Portfolio Beyond Your 401(k):

If your employer offers a 401(k) plan, it is important to consider contributing as much as you are able,

up to the up to \$19,500 maximum annual limit, and to take advantage of any matching contributions from your employer.

In addition, you might consider opening a Roth IRA, or, if your income level is too high, making a Roth IRA conversion using your traditional IRA. Roth IRAs offer tax-free growth so that retirees do not pay taxes on distributions. Although investors must pay income taxes on the funds converted from a traditional IRA to a Roth up front, the results can pay off later, as assets continue to grow tax-free and can be withdrawn decades later without being taxed.

People who only save using tax-deferred accounts will not have a source of after-tax money to live on when retirement comes, and may be faced with paying an excessive amount of taxes. Another way to make sure you have a non-tax-deferred bucket to draw from in retirement is to take advantage of an employer-provided Roth 401(k) option, and to have traditional investments outside of retirement accounts like stocks, bonds, ETFs, and mutual funds. Both offer retirees the ability to control the amount they withdraw from tax-deferred retirement accounts, which helps them optimize their tax brackets.

**Be Prepared for Market Volatility:** All investors should ask their financial advisors about strategies that may protect them from market volatility, especially as they near retirement. It is important to have low-risk, liquid investments like bonds, CDs and other types of conservative investments in your portfolio to cover immediate cash flow needs in case the markets drop.

**Conclusion:** Retirement will keep changing as retirees remain active, improve their overall health, and continue to live longer. It is never too early or late to start building your nest egg. The advisors of Fiduciary Financial Services are here to help you project what you'll need, plan for your healthcare needs, and maintain a diverse portfolio of assets to meet your income needs in retirement.